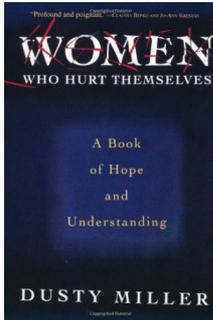


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Start your review of *Women Who Hurt Themselves: A Book of Hope and Understanding*. Write a review. Jul 14, 2011 Amanda rated it liked it. She goes on to demonstrate an actual understanding of how a self-injurer's internal process works, putting into words something which we often cannot. However, the second half of the book talks about the therapy process she uses, and not only is it obvious to me that this process wouldn't work. Basically, this book is in two halves. Her most popular book, *Women Who Hurt Themselves* (1994; reprinted in 2005 as a 10th Anniversary edition) has been a national and international success. She has appeared on popular television talk shows and has been interviewed nationally and internationally.