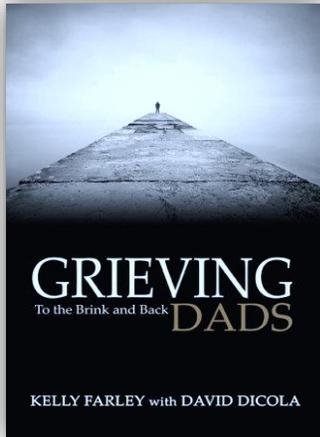


Grieving Dads: To the Brink and Back

By Kelly Farley and David DiCola

Reviewed by Jean Johnson



Last month we focused on providing stories for seasoned grieving mothers of loss.

This month, our focus is on Father's grief, which often is not as highlighted as a mother's sorrow.

A Father's grief is something we should never minimize. Men do grieve differently, yet the pain is as intense as the mother's.

Often men don't verbalize their grief-filled emotions, which can be mistaken by others as not caring.

Kelly Farley is the author and a grieving father who lost his two beautiful babies within an eighteen month period. Those losses made a profound major impact upon his soul. He promised his children that he would find other fathers who were in this dilemma of isolated and hidden grief. He provided for these fathers a safe place to share their tragic stories and shattered emotions, as well as an opportunity to receive emotional support from one man to another.

This book packs a raw and powerful punch of brutal honesty into men's deep and darkest emotions told in their stories. Kelly's intention for writing this book was for men, and anyone who wants to understand, how grief affects a man. The core message of "Grieving Dads: To the Brink and Back" is to show men they are not alone walking out this painful path in life. It is a message that is desperately needed for men who fight against society's expectations of keeping their pain silent and pulling themselves up to act strong.



Jean Johnson – Jean's grief journey began in October 2006 when her daughter was murdered. Jean knows the value of self-help through reading and wants to encourage others to read as well. When she finds a book that she believes will help others, she writes a review to encourage them to seek it out and invest their time in reading as a means of healing after loss.

The core message of Grieving Dads is "you're not alone." It is a message that desperately needs to be delivered to grieving dads who often grieve in silence due to society's expectations. Grieving Dads: To the Brink and Back is a book that no grieving dad or anyone who cares for him should be without. As any grieving parent will tell you, there are no words to describe the hell one experiences after the death of a child. Many men have no clue how to deal with or understand the myriad emotional, mental, and physical responses experienced after the death of a child. Stories a See more of Grieving Dads: To the Brink and Back on Facebook. Log In. Forgotten account?

It is a message that desperately needs to be delivered to grieving dads who often grieve in silence due to society's expectations. Grieving Dads: To the Brink and Back is an audiobook that no grieving dad or anyone who cares for him should be without. As any grieving parent will tell you, there are no words to describe the hell one experiences after the death of a child. Many men have no clue how to deal with or understand the myriad of emotional, mental, and physical responses experienced after the death of a child. Thank you so much for writing Grieving Dads: To the Brink and Back and sharing your experience and that of others. I joined the club just over a year ago. You've inspired me to reach out to a professional and I now have an appointment for next week. I want to start by thanking you for this book. Reading Grieving Dads: To the Brink and Back was my first step in starting my healing process, and it provided me with insight and perspective as to how to start this whole thing. I still struggle with it because I'm afraid to deal with my emotions. C.D. Your book put me back on a good path of healing when I was in the midst of a horrible path as I was resorting to alcohol and trying to ignore my grief. P.F. He also wrote a book, "Grieving Dads: To the Brink and Back." What brought Farley back from the brink was a casual remark from a lay leader at his church. Farley spoke to the man about his grief after losing both his son and his daughter in pregnancy, and the man replied, "That's a heavy load, brother." Those five words meant the world to Farley. It was the first time someone he really respected acknowledged his pain and loss, and indicated to him that it was OK to mourn. As Farley notes, men often feel like they need permission to show emotion and vulnerability. I know that sounds so simple,